

## Sample Rehearsal Plan Formula and Implementation

This resource is a rehearsal schedule I used in preparation for a significant performance. I handed this out the entire ensemble. Areas were left blank for note-taking. A bonus was that students could write thoughts and goals in the note sections. Student leaders could then collaborate to plan sectionals based on their notes.

The very last page contains a formula that ended up working well for my students. You essentially multiply the difficulty by the time of the piece. Divide this number by 100, and you get the percentage of how much rehearsal time you can spend on a piece. I've never tried this before this past year, but it came out accurate to what we needed to prepare. This formula is credited to [Dr. Charles T. Menghini](#).

The original document included a rehearsal plan for the entire cycle. For the sake of brevity, I have only included a few weeks for this sample. All pieces were listed every rehearsal if we got ahead. I indicated pieces not on that day's schedule with a ~~strike~~through.

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### **Joliet Central Symphonic Band Rehearsal Schedule Second Semester — 2020**

#### Literature

- Paris Sketches 1, 2, 3, 4; Martin Ellerby — Winter Concert (WC), Lincoln Center (LC), Recording Session (RS)
- Second Prelude, Gershwin — WC, LC
- Scarborough Fair; Andrew Boysen Jr. — WC, LC, RS
- Legacy; Jermaine Stegall — LC
- March of the Steelmen; Belsterling — WC, LC, RS

Please be prepared with the following parts for the rehearsal indicated. If time allows, we may move forward. On days that you are absent, please talk to another member of your section to receive the notes.

SIP Days are regular attendance days; missing SIP day rehearsals will account for at least 135 minutes of missed rehearsal.

Pencils every rehearsal; ALL measures numbered.

<u>Rehearsal</u>	<u>Pieces Rehearsed w/ Measures</u>	<u>Notes</u>	<u>Rehearsal Minutes</u>
1/8/2020 1 W	Ellerby 1 — read Ellerby 2 — read: mm. 1-12 Ellerby 3 — read Ellerby 4 — read Belsterling — read Gershwin — read Boysen — read: mm. 268-287 Stegall — read		60
1/9/2020 2 R	Ellerby 1: mm. 70-75 <del>Ellerby 2</del> Ellerby 3: mm. 1-11 Ellerby 4: mm. 121-end <del>Belsterling</del> Gershwin: mm. 1-8 Boysen: mm. 254-268 <del>Stegall</del>		60
1/10/2020 3 F	Ellerby 1: mm. 64-75 Ellerby 2: mm. 11-23 <del>Ellerby 3</del> Ellerby 4: mm. 128-end Belsterling: mm. 113-130 <del>Gershwin</del> <del>Boysen</del> Stegall: mm. 1-19		60
1/13/2020 4 M	Ellerby 1: mm. 60-70 Ellerby 2: mm. 21-33 Ellerby 3: mm. 11-17 Ellerby 4: mm. 120-130 <del>Belsterling</del> <del>Gershwin</del> Boysen: mm. 236-254 <del>Stegall</del>		60
1/14/2020 5 T	Ellerby 1: mm. 55-63 <del>Ellerby 2</del> <del>Ellerby 3</del> Ellerby 4: mm. 110-122 <del>Belsterling</del> Gershwin: mm. 1-13 Boysen: mm. 220-236 <del>Stegall</del>		60

1/15/2020 6 W	Ellerby 1: mm. 50-57 Ellerby 2: mm. 31-43 Ellerby 3: mm. 17-25 Ellerby 4: mm. 92-112 Belsterling: mm. 113-146 Gershwin Boysen Stegall: mm. 19-39		60
1/16/2020 7 R	Ellerby 1: mm. 43-52 <del>Ellerby 2</del> <del>Ellerby 3</del> Ellerby 4: mm. 92-100 <del>Belsterling</del> Gershwin: mm. 1-18 Boysen: mm. 204-220 <del>Stegall</del>		60
1/17/2020 8 F	Ellerby 1: mm. 37-45 Ellerby 2: 39-52 Ellerby 3: mm. 25-35 Ellerby 4: mm. 86-95 Belsterling: 113-158 <del>Gershwin</del> <del>Boysen</del> Stegall: mm. 35-61		60

Students: Some math if you're interested. I used a formula from one of my college band directors, Dr. Menghini.

Title	Difficulty	Time in minutes	DxT	100/140	Percentage	Total Minutes	Minutes per piece
Paris Sketches 1	5	3.5	17.5	0.7142857143	0.125	2580	322.5
Paris Sketches 2	5	4.25	21.25	0.7142857143	0.1517857143	2580	391.6071429
Paris Sketches 3	5	3.5	17.5	0.7142857143	0.125	2580	322.5
Paris Sketches 4	5	4	20	0.7142857143	0.1428571429	2580	368.5714286
Second Prelude	3	4.5	13.5	0.7142857143	0.0964285714 3	2580	248.7857143
March of the Steelmen	4	4.25	17	0.7142857143	0.1214285714	2580	313.2857143
Scarborough Fair	3.5	4.5	15.75	0.7142857143	0.1125	2580	290.25
Legacy	3.5	5	17.5	0.7142857143	0.125	2580	322.5
		33.5	140				
		Divide by:	100				