

Rhythm Study

Strumming Directions & Verbalizations

Downstroke = ▢ Upstroke = ∇

1. 1 2 3 4

2. 1 + 2 + 3 + 4 +

3. 1 2 3 2 2 3 3 2 3 4 2 3

4. 1 E + A 2 E + A 3 E + A 4 E + A

5. 1 E + 2 E + 3 E + 4 E +

6. 1 + A 2 + A 3 + A 4 + A

7. DA DIT DA DIT DA DIT DA DIT

8. 1 2 + 3 2 3 4 E + A